

Where to go to have a blood test

Updated to reflect new pilot scheme w/c 28 June 2021

A pilot community blood testing service began w/c 28 June 2021 in Barking and Dagenham, Havering and Redbridge. It aims to continue to improve access to phlebotomy services across BHR, reduce waiting times and ensure urgent tests can be booked for the same or next day. Blood tests will also be available at weekends at some sites. The target is for all patients to be able to have their blood test within seven days. All bookings and cancellations can be made online or by phone.

The pilot service is being developed by NEL CCG, North East London Foundation Trust (NELFT), Barking, Havering and Redbridge University Hospitals NHS Trust (BHRUT) and primary care providers, who have worked together to ensure that phlebotomy services meet the needs of local people throughout the pandemic.

[The latest stakeholder update regarding this service can be found on our website.](#)

If you have any comments or queries about this pilot, please email nelondon.bhrphlebotomy@nelccg.nhs.net

- There are currently **no walk-in services** available for Barking and Dagenham, Havering or Redbridge patients – all blood tests must be booked in advance.
- Blood tests for **children under 12** are carried out by appointment only by the BHRUT Children's Outpatient department.
- **Always take your paper blood test form to your appointment** as this is needed to process your blood test. If you have a blood test form from BHRUT, this can also be used at community sites.

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Barking and Dagenham

Barking Community Hospital	Monday - Sunday 8AM – 4PM	Upney Lane, Barking, Essex, IG11 9LX Appointment Only Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM – 4PM) Lines are very busy and it is recommended that patients book online.
Chadwell Heath Health Clinic	Monday - Friday 8AM - 4PM By appointment only	Ashton Gardens, Dagenham, Essex, RM6 6RT Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM – 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Porters Avenue Clinic	Monday - Friday 8AM – 4PM By appointment only	234 Porters Avenue, Dagenham, Essex, RM8 2EQ Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.

Please note that this information is updated regularly and subject to change.
Updated 20.08.21

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Thames View Health Centre	Monday – Friday 8AM – 4PM By appointment only	Bastable Avenue, Barking, IG11 0LG Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
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Havering

Cranham Health Centre	Monday – Friday 8AM - 4PM By appointment only	108 Avon Road, Cranham, RM14 1RG Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
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Elm Park Clinic	Monday – Friday 8AM - 4PM By appointment only Saturday – Sunday 8AM - 4PM (the Saturday and Sunday chairs will run from 10 July to 15 August)	252 Abbs Cross Lane, Hornchurch, Essex RM12 4YG Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Harold Hill Health Centre	Monday – Friday 8AM to 4PM By appointment only	Gooshays Drive, Romford, RM3 9SU Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Raphael House	Monday - Sunday 8AM – 4PM By appointment only	Raphael House, Pettits Lane, Romford, RM1 4HP Appointment only. Book via: https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.

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Queen's Hospital	Blood testing services are available for patients under the care of the hospital. This includes oncology(cancer), maternity and haematology patients. If you are one of these patients, you will already have been informed how to have your blood test.	Ground floor in the Main Entrance, Rom Valley Way, Romford, RM7 0AG Appointment only for patients over 12 yrs old Book via: https://www.swiftqueue.co.uk/bhr.php If you do not have internet access, phone Queen's Hospital 01708 435498 Booking for children under 12 years old: • Book via: https://www.swiftqueue.co.uk/bhrpaeds.php • Parents without internet access should call 01708 435289 (Children's OPD) to book a blood test for their child. • If your child has special needs, please book on a Monday ONLY. If you are booking for genetic testing, this should be booked before 11AM Mon-Thurs. (Your paper form will state at the top whether you are booking for genetic/gene testing.)
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Redbridge

Barley Court Clinic (Goodmayes Hospital)	Monday - Friday 8AM - 4PM By appointment only	Barley Court Clinic, Goodmayes Hospital, 157 Barley Lane, Ilford, IG3 8XJ Appointment only Book via https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
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Eastern Avenue Medical Centre	Thursdays 8AM – 12PM <i>Appointments available to patients across BHR and registered outside of this practice.</i>	737 Cranbrook Rd, Ilford IG2 6RJ Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Fencepiece Road Medical Centre	Tuesdays 8AM – 12PM <i>Appointments available to patients across BHR and registered outside of this practice.</i>	83 Fencepiece Rd, Ilford IG6 2NB Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Fullwell Cross Medical Centre	Monday - Friday 8AM – 4PM <i>Appointments available to patients across BHR and registered outside of this practice.</i>	1 Tomswood Hill, Ilford IG6 2HG Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Forest Medical Centre	Monday – Friday 8:30AM – 12:30PM <i>By appointment only</i>	Old Station Road, Loughton, Essex, IG10 4PE Appointment only Book via: https://www.swiftqueue.co.uk/bartshealth.php Telephone number: 020 8539 5522 (Barts Health hospitals main switchboard) Please note: only patients who would usually use Heronwood and Galleon or / Whipps Cross site should use the facilities at Forest Medical Centre.

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Gants Hill Medical Centre	Monday – Friday 9:30AM -11:30AM Exc. Bank Holidays <i>Appointments available to patients across BHR and registered outside of this practice.</i>	63-65 Ethelbert Gardens, Ilford, IG2 6UW Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Heronwood and Galleon Unit	Monday - Friday 8AM - 1PM Redbridge patients only <i>By appointment only</i>	Heronwood and Galleon Unit, Wanstead Hospital, Makepeace Rd, Wanstead, London E11 1UU Book via: https://www.swiftqueue.co.uk/bartshealth.php Telephone number: 020 8539 5522 (Barts Health hospitals main switchboard) Please be aware that a one-way entry and exit system is in operation at this site. Face coverings must be worn at all times whilst on the premises. To comply with social distancing rules, you may be given additional instructions by staff on your arrival.
Kenwood Medical Centre	9:00 AM – 1:00 PM Wednesdays only <i>Appointments available to patients across BHR and registered outside of this practice.</i>	737 Cranbrook Rd, Ilford IG2 6RJ Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.

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King George Hospital	Blood testing services are available for patients under the hospitals' care. This includes oncology (cancer), maternity and haematology patients. If you are one of these patients, you will already have been informed how to have your blood test.	Barley Lane, Goodmayes, IG3 8YB Appointment only. Ground floor, Outpatients Dept. Book via: https://www.swiftqueue.co.uk/bhr.php For those with no internet access, phone King George Hospital: 020 8970 8383
Loxford Polyclinic	Monday - Friday 8AM - 4PM	Ilford Lane, Ilford, IG1 2SN Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.
Newbury Group Practice	Monday - Friday 8AM – 4PM Appointments available to patients across BHR and registered outside of this practice.	Newbury Park Health Centre, 40 Perrymans Farm Rd, Ilford IG2 7LE Appointment only Book via: https://10to8.com/book/nelftbookabloodtest/ Telephone number: 0300 300 1704 / 0300 555 1045 (Lines open 8AM - 4PM) Telephone lines can get very busy and it is recommended that patients book online.

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Whipps Cross Hospital	Barts Health patients only Blood test appointments for children between 1-years-old and 9-years-old are available at Whipps Cross Hospital. Please select the children's blood test option when booking your appointment online.	Leytonstone E11, Area 1 Outpatients Please note: the majority of the appointments at Whipps Cross are for hospital patients attending hospital clinics, if you are a GP patient please select the adult GP option when booking. Book via: https://www.swiftqueue.co.uk/bartshealth.php Telephone number: 020 8539 5522 (Barts Health hospitals main switchboard) Blood test appointments for children under 12-months-old: 07546 655 797 (paediatric team on the Medical Day Unit, Acorn ward)
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